

## **English-speaking mental health therapists and psychiatrists in Paris**

*This list is provided to UC students upon request is and for information only. UC has no connection with any of the mental health providers listed herewith.*

*University of California holds no legal responsibility on the part of this grouping nor of any individual included on this site for any experience involving any other participant on this list. Users are urged to query the professionals they contact about their qualifications to offer the services they claim as areas of expertise.*

### **Therapists**

#### **Cindy Davis**

3, rue Pihit  
75011 Paris  
Métro: Oberkampf or Parmentier  
Phone: 06 49 33 92 30; email: [cindavis@gmail.com](mailto:cindavis@gmail.com)

#### **Ms. Minna Kim**

Psychologist/Psychotherapist  
Trilingual: English, French and Korean  
UCB alumna  
11, rue du Cherche-midi  
75006 Paris  
Phone : 06 06 68 53 48  
Email : [minsight@orange.fr](mailto:minsight@orange.fr)

#### **Dr. Justine du Plessis-Nelson**

[parispsychologist.com](http://parispsychologist.com)  
Licensed Psychologist  
j.duplessisnelson@gmail.com  
06 17 92 62 50, but she prefers to be contacted by email (see above)  
11, rue Bosio  
75016 PARIS  
Metro: Michel-Ange Auteuil (lines 9, 10)  
Press the large gold button on the street door (there is no digicode)

#### **Rosemary Bourgault**

7, rue Saint Senoch  
75017 Paris  
Phone: 06 13 50 82 60

#### **Karen Sadlier**

Phone: 06 60 52 75 65  
(Trauma specialist)

#### **Debra Berg**

Phone: 01.46.55.96.96  
Métro : Malakoff-Plateau de Vanves

#### **Virginia Picchi**

Phone : 01.43.36.97.74  
Métro : Gobelins

#### **David Frese**

Phone : 06.26.39.63.31  
Paris 75015

**International Counseling Services (a network of English-speaking therapists)**

Phone: 01 45 50 26 49

**Psychiatrists**

**Dr. Isabelle Laffont ; can prescribed medications**

11 Rue Vignon  
75008 Paris  
Métro : Madeleine  
Phone : [01 40 06 04 49](tel:0140060449)

**Dr Ludwig Sitzmann PSYCHIATRIST ; can prescribed medications**

121, rue de Rennes  
75006, Paris  
Tel: 01 45 48 86 56

**Virginie Lefebvre Psychologist/Psychotherapist**

Clinical psychologist and psychotherapist  
Member of Société Psychanalytique de Paris  
Therapy for children and adults  
75015 Paris  
Tel: +33 6 08 17 41 62

**Wendy Smith Psychologist/Psychotherapist**

Australian Registered Psychologist  
Member of the British Psychological Society  
Individual Therapy, Coaching and Group Workshops  
78110 Le Vésinet ( a nearby suburb, reachable by RER)  
Tel : 06 34 58 60 74  
email : [WendySmith@gmx.com](mailto:WendySmith@gmx.com)  
[www.wendysmith.eu](http://www.wendysmith.eu) <<http://www.wendysmith.eu/>>

**Tamara Howell Psychologist/Psychotherapist**

PGDip, Msc (MBACP)  
Integrative Counselling & Therapy  
Member of the British Association for Counselling & Psychotherapy  
Paris 75016  
Tel : 06 10 79 68 78  
email : [info@tamarahowellcounselling.com](mailto:info@tamarahowellcounselling.com) [info@tamarahowellcounselling.com](mailto:info@tamarahowellcounselling.com)>

**Vivienne Harvey Psychologist/Psychotherapist**

120, avenue des Champs Elysées  
75008, Paris  
Tel: 06 20 55 17 56

**Beatrice Patsalides Psychologist/Psychotherapist**

(Ph.D)  
240, rue Saint Jacques  
75005, Paris

Tel: 01 46 33 81 12

**Valerie Ventureyra Psychologist/Psychotherapist**

68 rue Julien Lacroix

75020 Paris

Tel: 06 42 06 01 40